

## A case study and dilemmas among the staff What is right and what is wrong?

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### INTRODUCTION:

Dialysis involves many complications, the only hope for these patients is a kidney transplant, which allows for a better quality of life. In this work, we will present a case study of a patient who received a kidney from her sister who died suddenly, at the request of her family to conceal the information from the patient.

This event put the staff in many dilemmas, many questions came up like what is right to do? What is wrong? This is a different kind of dilemma, about delivering a difficult message that is not medical, but it can harm the emotional state of the patient.

It is difficult to define what the optimal decision for the patient is when many factors enter into it

### CASE STUDY:

The 30-year-old hemodialysis patient was called for an urgent kidney transplant, and the family's request was not to tell the patient that the kidney belonged to her younger sister, who died suddenly. The staff faced difficult questions and dilemmas:

- Is the family request correct?
- Is it right to hide information?
- Who decides the right way?
- What will happen in the future if there is a rejection of the kidney?

After three days of kidney transplant surgery and a discussion, it was decided that the family would provide the information with the support of the staff; a nurse, a nephrologist, a social worker, and a psychiatrist. The conversation was difficult, the patient was crying and she had to deal with a difficult and painful message about the loss of her sister and coping with the knowledge that the kidney belonged to her sister. Later the patient was discharged from the hospital and was followed up by a transplant clinic and supported by the staff. After six months in the patient's transplant clinic, the patient expresses understanding and acceptance, showing responsibility for her health, showing the importance of preserving her sister's kidney, which is now part of her.



### SUMMARY AND RECOMMENDATIONS:

- This unusual case raised many questions about telling the truth. On the other hand, it was clear that the situation could get worse if she discovered the truth without support and preparation.
- It is important to continue to support the patient and the family
- Train the staff on ethical dilemmas
- Bring the subject for discussion in the Ethics Department
- This story is unusual and exciting, losing life and getting a life. Two sisters, one sister died and left a piece of life in the life of the other sister.