



# New approach in our outpatient clinic for chronic kidney disease

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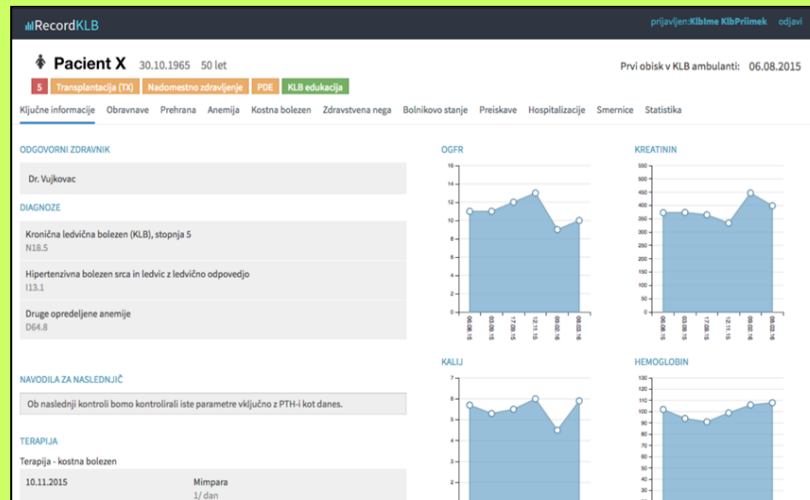


## In our hospital

- CKD is a big burden for patients, their families and healthcare budget
- Well informed and educated patient regularly takes medications, is physically active, follows diet plan, manage risk factors....
- In our hospital we now have “classic” and “proactive” approach
- Since 2012 also CKD clinic

# NEW

- always present a nurse-educator
- fresh lab. results
- counseling and education ( about risk factors, diet, medications, self-care...)
- phone contact for patients
- we developed special computer program





## Our results

- Significantly lower progres of disease(-2,88 versus-0,57 drop of GFR/year)
- Lower use of EPO (2447IE /837IE)
- Lower rate of hospitalizations
- Significantly more patients on PD and ( home RRT)-up to 20-50%
- Started with conservative / palliative care
- Patients are satisfied , want to play an active role in their treatment and are very motivated



## CONCLUSION

- AND ALSO as a nurse in this clinic

▪ I AM A NURSE