

Nursing check-list Caring for patients by reducing workload

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Introduction

It has become crucial to create tools in order to help the caregivers to have a global follow-up of the patient care.

Objectives

Making the way of taking care of our patients easier, including examinations procedures by creating a specific check-list, including the nursing report.

Methods

A Team of 20 nephrologists, 90 nurses, 5 nurses' assistants, 1 dietician, 1 psychologist and 11 medical secretaries shared their know-how to optimize patients' support in renal care during the first four months.

In cooperation with the National Medical Responsible, a table of items was set up to enable data collection such as:

- Cardiologic and diabetic assessment
- Anaemia
- Vascular access
- Dialysis dose
- Vaccination and virology status
- Hydratation's status
- Nutritionnal assessment
- Access to transplantation

This proactive medical program helps to identify hotspots of chronic renal kidney disease (CDK) stage 5D and aims to reduce its comorbidities, when they are identified in the first four months of dialysis.

We decided during head nurses meeting what kind of document was needed. The chosen design was a check-list, kept in the patient file until it is completely filled. Alongside the medical record it help's nurses not to forget any examination or document.

Every unit can have a customised document following the medical protocols.

Results

Head nurses created an original document now used in all units in Ile de France, and documents like "Surveillance du pied diabétique" (Diabetic foot monitoring) et "Recueil de données IDE" (Nursing care report)

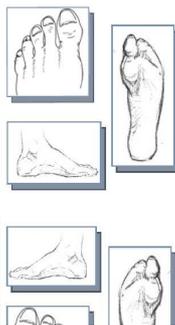
Conclusion

This document will evolve in content or layout, to suit the needs of staff and patients.

OBSERVATION INITIALE ET SUIVI

A classer dans Euclid C5 – Pied diabétique

Date	Oui	Non	Action mise en place
OEDEME			
COULEUR physiologique			
DOULEUR			
ASPECT inflammatoire			
PLAIE			
POUS PERCUS			
NECROSE			
LESIONS espaces interdig-			



Date	Oui	Non	Action mise en place
OEDEME			
COULEUR physiologique			
DOULEUR			
ASPECT inflammatoire			
PLAIE			

Diabetic foot monitoring report

Diabétique: _____
 Coordonnées: _____
 Podologue: _____
 Coordonnées: _____
 Ordonnance: OUI NON
 IDE libérat: _____
 Coordonnées: _____
 Soins à domicile: OUI NON
 Marche: Avec aide Sans aide
 Type de chaussures: _____
 Commentaires: _____
 Visa IDE: _____

Patient paramedical care	Comments	Name & date
Ensure that you have the consent form, and that you have checked the patient ID before caring	See in Euclid 5 « admissions »	
Measure the patient's height	Fill in the section « admissions » in Euclid 5 with the patient's height	
ECG monitoring	According to protocol	
Generate 5008 / BCM card		
At the patient entrance, Perform : - a blood test including nutritional balance (urea after dialysis session) and, - a MDR blood test	Medical prescription If not applicable : record this information in Euclid 5	
Schedule a BCM measure for the next session or into 15 days at the latest	Add a comment in the section « scheduled sessions » in Euclid 5 – Schedule a monthly BCM measure during the first four months of dialysis.	
Edit the TP / INR follow up form for patients receiving AVK	Add a comment in the prescription section of Euclid 5 (in consultation with the nephrologist)	
For AVF patients : Set a AVF blood flow for the next session or into 15 days at the latest	Add a comment in the section « scheduled sessions » in Euclid 5. Enter the data in Euclid 5.	

Nursing care report, translated version