

BACKGROUND

- ❖ Dialysis treatment has a significant impact on physical, mental and social well-being.
- ❖ In a structured multidisciplinary program patients are informed on their disease and treatment options. They are assisted in acceptance of and coping with their condition.
- ❖ Active patient participation and shared decision making can improve compliance, self management and quality of life.
- ❖ Qualitative research into the experiences of patients with hemodialysis (HD) on the one hand (Hagren, 2001; 2005) and peritoneal dialysis on the other hand (Tongue, 2013) has already been conducted.
- ❖ Up to now knowledge of experience experts, the dialysis patient in UZ Leuven, was missing in our program.



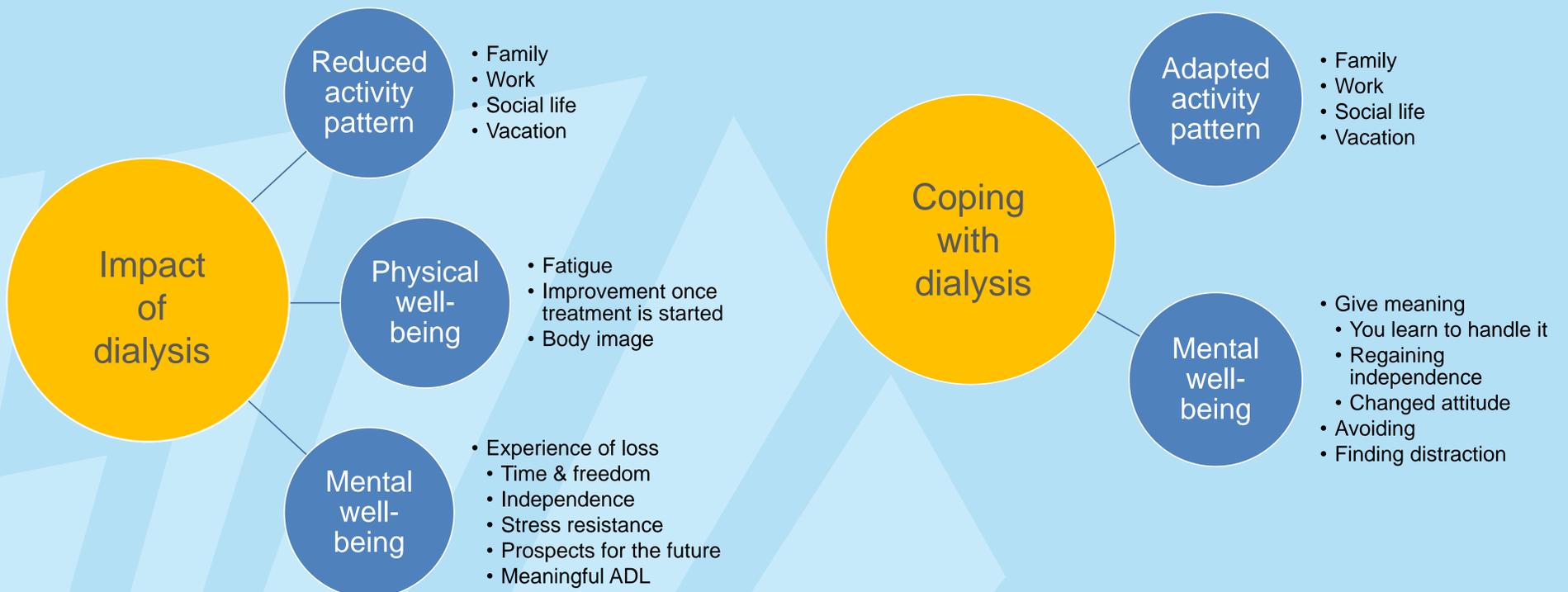
AIM

- ❖ To collect experiences of experts, i.e. the dialysis patients, to support our process of shared decision making in dialysis choice.

METHODOLOGY

- ❖ Monocentric, explorative study with semi-structured interviews.
- ❖ Patients with chronic dialysis treatment were interviewed regarding the impact of dialysis on their daily lives in the course of 2014.
- ❖ The interviews were conducted by two nurses and one social worker (all > 10 years experience with chronic kidney disease).

RESULTS



Limiting factors

- Lack of social support
- Approach by medical team
- Uncertain future
- Comorbidity

Facilitating factors

- Social support
- Trust relationship team
- Future perspective
- Treatment related factors

CONCLUSION

- ❖ In addition to a number of findings specific for one of the treatments, experiences of patients in HD and PD are largely similar.
- ❖ Although dialysis entails restrictions and adjustments, patients accomplish to give meaning to the treatment.
- ❖ Individual counselling in choice is essential.
- ❖ Well-being is largely determined by the extent to which patients are engaged in and satisfied with their choice of treatment.

RECOMMENDATION FOR PRACTICE

- ❖ Strategies to create promoting factors out of limiting factors, will improve the quality of life of patients as well as the ability to deal with the treatment considerably.

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