

LIFE WITH DIALYSIS

VESELÁ K | HLAVÁČKOVÁ V

B. BRAUN AVITUM | PRAHA - BULOVKA | CZECH REPUBLIC

INTRODUCTION

Life of a patient who is diagnosed with end-stage renal disease (ESRD) changes significantly. He/she must cope with the new situation, which brings along changes in many aspects of daily life. These changes concern not only health but also psychological and socio-economic aspects.

Dialysis treatment is not an equal substitute of the patient's kidney function. The patient must take concomitant medication and must adhere to numerous recommendations including recommendations on diet and fluid intake.

Health and perception of quality of life largely depends on the patient's ability to accept and abide the recommendations related dialysis.

METHODS

In an effort to identify risk factors affecting the lives of dialyzed patients, we conducted an anonymous survey among 80 dialysis patients in our dialysis center. Fifty-nine patients actively participated on the survey.

RESULTS

Mapping out the main risk factors affecting the normal life of dialysis patients. Defining various ways how the healthcare professionals can assist the patients in coping with illness and adaptation to changes including the dialysis.

CONCLUSION

The analysis showed that more than 70% of patients perceive HD treatment as a life-saving procedure and a necessary part of life. Most of our patients expressed concerns about traveling and they do not fully make use of holiday dialysis option within their country or abroad, therefore the education focused on increased satisfaction of our patients and improvement of their emotional well-being.

Holiday dialysis is an opportunity for dialysis patients how to break out of routine dialysis and feel free to unwind in peace, discover new places, new cultures and meet with dialysis patients from all over the world.

