

Quality of life of nephrological patient over 16 years - a case study

ANETA TRZCIŃSKA

BACKGROUND

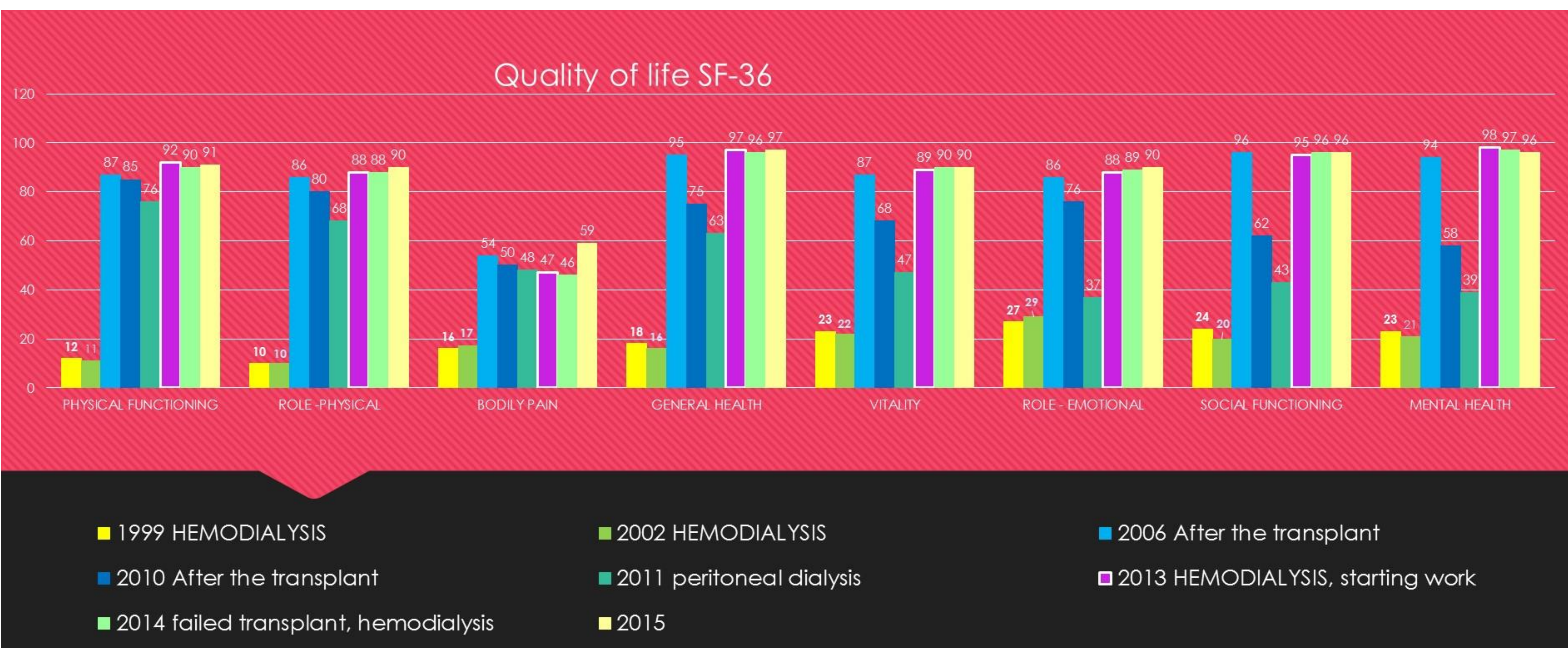
We examined the quality of life of nephrological patient in different periods of his life. The patient - male, age 33. 1999 - an episode of acute glomerulonephritis. Hemodialysis 1999 - 2003. In 06/08/2003 the first kidney transplant. In 2010, the patient entered the seminary, he wanted to become a priest. The patient was removed from the seminary because of relapse. In 2011, the start of peritoneal dialysis. From 2013 hemodialysis. In 2013, the patient started his professional career. 25/12/2014 second kidney transplant. 12/26/2014 the patient removed the transplanted kidney.

OBJECTIVES

The aim of the study was to show the problems of nephrology patient, the patient's quality of life and the factors that affect the quality of his life.

RESULTS

The study uses Quality of life SF-36 questionnaire.



As a result of the study, we were able to determine the quality of life of the nephrology patient over 16 years and the factors that affect the quality of life.

Nephrology patient is a patient who needs a psychological support from family, friends and medical staff. A major impact on quality of life of nephrological patient also has a transplant and take work. If the patient receives appropriate support from the environment, the quality of life is better. Such a patient is willing to cooperate with the medical staff. This patient is also a support and a model for other patients.