

The patient after kidney transplantation - opinion about the transplant

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BACKGROUND

In Poland it takes over 1,000 kidney transplants/year. Only 10% of these transplants are transplants from living donors. Currently in Poland it is almost 11 000 patients after kidney transplantation. In the period from January to February 2016 was carried out a survey among 100 patients after transplantation. Patients were asked about their problems and expectations about how their lives changed after transplantation. Also checked basic knowledge of patients on the transplant. Patients were asked about their opinions on family transplants and cross transplants and chain transplants.

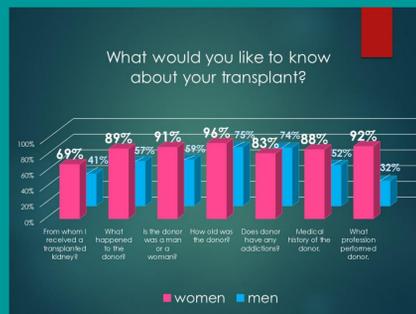
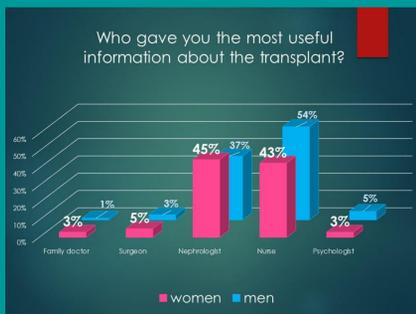
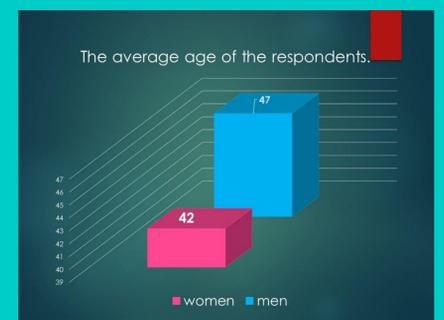
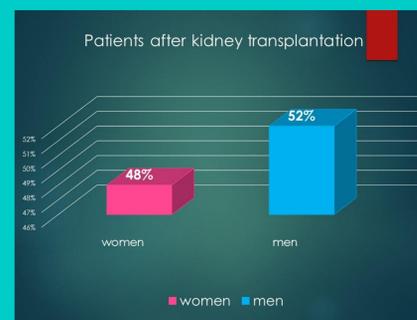
OBJECTIVES

The aim of the study was to explore the opinion of renal transplant patients on the transplant. We tried to assess the knowledge of patients with transplants from living donors. In Poland in 2015 we saw the first cross-transplants and chain transplants - we asked patients about their knowledge of the subject.

The study group consists of 48 women and 52 men.
The average age of women - 42 years.
The average age of men 47 years.

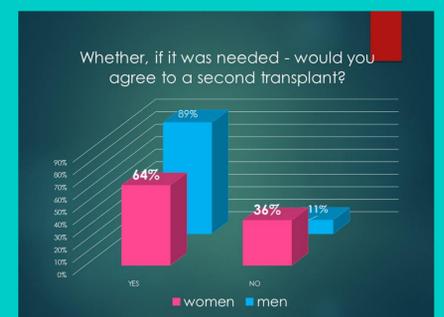
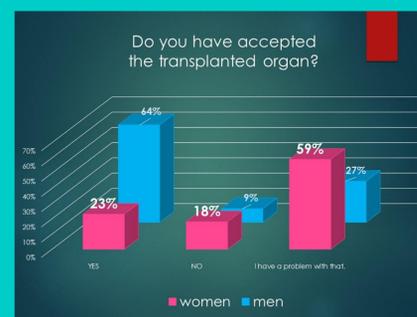
METHODS

The research tool was a questionnaire. The survey consists of 30 open and closed questions.



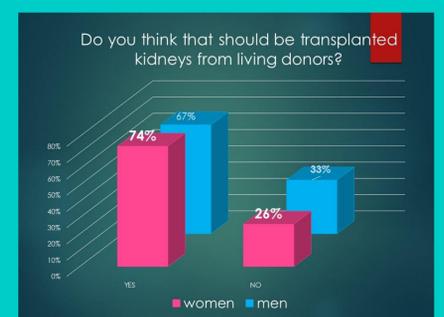
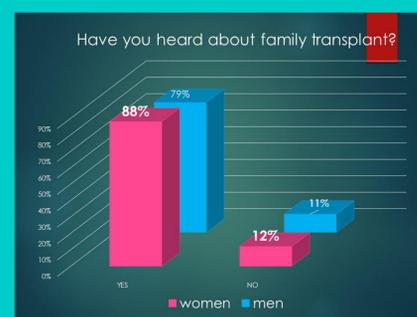
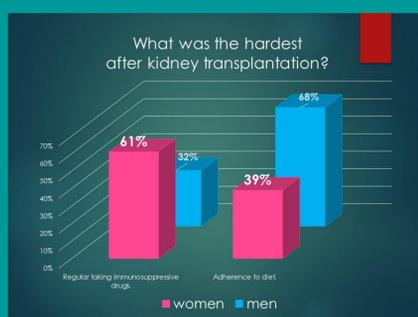
Patients after kidney transplantation received most useful information from nurses and nephrologists.

There is a lot of information they would like to know after kidney transplantation.



Women have a problem with the acceptance of the transplanted organ. Not all women want ever again to undergo kidney transplant.

After kidney transplantation, patients have encountered various difficulties. For women the hardest part is regular intake of immunosuppressive drugs, for men - diet.



Patients know what is family transplant and support it.

Kidney transplant patients are knowledgeable about the transplantation. This knowledge comes mainly from the medical staff. Patients learned about the transplant on dialysis, the doctor, a nurse, while in the hospital but also the Internet and television. Patients interested in the development of transplantation in Poland and in the world. Patients positively talking about the transplant.