WORLD KIDNEY DAY – CROATIA

World kidney day has been celebrated this year again, with health promotion activities in nine Croatian cities under the name „Kidney Health – for everyone and everywhere“. The aim of this action was to raise the awareness of healthy life style being important for kidney health. In Croatia, approximately 500 patients a year is estimated to start with one of the substitute treatment methods for chroni renal disease.

Central event of this public health action was held in the main square of the capital city of Croatia, Zagreb. Volunteer medical school students and nurses measured blood pressure, body mass and glucose level of the by passers, along with obtaining their data regarding age, body mass index and smoking habits. Response of the population to the action was high, and those with increased risk for kidney disease were advised to see their doctor for further investigation.

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