

Despo Theodorou – Key Activities 2025

During 2025, I remained actively engaged in the promotion and advancement of nephrology nursing at national and international level through my roles as **EDTNA/ERCA Brand Ambassador for Cyprus** and **elected EC Member**.

I supported the **Nephrology Nursing Specialty Programme in Cyprus** as an educator within the programme, teaching vascular access in hemodialysis and dialysis-related infections to students, and delivering a presentation on my role as an **EDTNA/ERCA BA**. This year, I also attended the opening ceremony of the 3rd group as **EC Member and BA of Cyprus**, where I conveyed my regards and delivered the official message of the **EDTNA/ERCA President, Dr Anastassia Liossatou**, reinforcing continuing education and specialization in nephrology nursing.

Educational leadership included co-organisation of the **EDTNA/ERCA–NIPRO iMEP webinar** for nurses in Greece and Cyprus, as well as scientific participation in the **32nd Cyprus Nursing & Midwifery Congress**, where I served as **organiser and chair** of the nephrology session, delivered an oral presentation on ultrasound in vascular access, and co-led a hands-on clinical workshop.

Internationally, I attended the **53rd EDTNA/ERCA International Conference in Porto, Portugal**, participated in the **Gdańsk EDTNA/ERCA strategy meeting** as an EC member, joined all online EC/BA meetings, supported EDTNA/ERCA webinars, research activities, and strategic projects, and maintained active **social media** promotion of the association.

Nationally, I delivered nephrology lectures at conferences and in dialysis units, served as **organiser of the 1st Multidisciplinary Nephrology Nursing Workshop (CyNNA/CyNMA)**, co-organised ultrasound hands-on workshops, and staffed a local **EDTNA/ERCA promotional booth**.

I supported **World Kidney Day 2025** prevention activities through school-based education across Cyprus, organised by **CyNNA/CyNMA** with the participation of **Nephrology Nursing Specialty Programme** students, and public-awareness events with the **Pancyprian Organization of People with Kidney Disease** and the **Cyprus Biobank**, promoting the message “*Are Your Kidneys OK?*” and healthy lifestyle behaviours.

I delivered an **EDTNA/ERCA** presentation at the **2nd Pan-Cyprian Nursing Conference of PASYNO**, strengthened collaboration among nephrology nurses, welcomed visiting **EDTNA/ERCA Brand Ambassador**, and continued my roles as a **member of CyNMA** and **Vice-President of CyNNA/CyNMA**.

Overall, 2025 reflected **sustained scientific, educational, and strategic contribution to the growth of nephrology nursing and the international mission of EDTNA/ERCA**, alongside my continued commitment to supporting the rights, care, advocacy of dialysis patients, and the promotion of organ donation awareness.