

2025 Activity Report of Silvia Corti - Brand Ambassador for Italy

Ciao!

During 2025 I attended several events, but first of all I studied a lot and got my Master Degree in Nursing at the University of Florence (Italy). The course focuses on three main disciplines: Nursing Research, Education and Management. My final essay was a scientific study on Hemodialysis: "Monitoring and Surveillance of Arteriovenous Fistulas through Nursing Ultrasound: Experience of the Hemodialysis Center of Arezzo (AUSL Toscana Sud-Est). An Observational Cohort Study". It was really an honor to work with my tutor/ professor and I learned a lot about the research methodology.



Secondly, I attended the VAS Congress (Vascular Access Society) in Padua (Italy), bringing my experience and the data for the Master study.



I also had the chance to cooperate with Xeltis Company in the Netherlands (by their headquarter) and in Barcelona (for a meeting) to bring my experience in Hemodialysis Vascular Access care and monitoring. They take into much account nurses' point of view and expertise applied to the vascular grafts they implant in HD patients. I am really grateful to Xeltis for the opportunity to join their staff and I really felt part of a big project, which focuses on patient safety and aims to develop long-lasting grafts.



In April I attended the Italian Association of Hemodialysis Technicians (ANTE) Congress in Riccione (Italy) representing EDTNA/ERCA.



In October I attended the EDTNA/ERCA Conference in Porto.



Finally, after an internal selection and several theoretical exams I got the Head-nurse position and I moved to a smaller Hospital (same area). I am now the Head-nurse of a Hemodialysis Unit and of a General Medicine ward. This is a new, challenging experience and it gives me the opportunity to immediately put into practice what I've studied during the Master Degree. Busy days, never-ending schedules and meetings but same enthusiasm facing new objectives!

